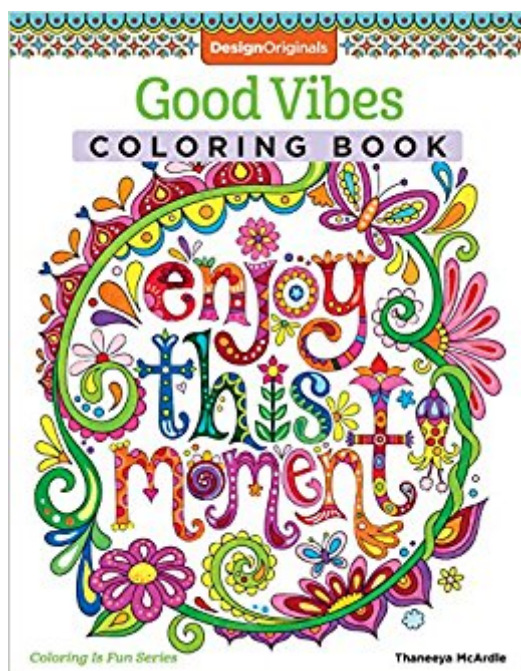


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Good Vibes Coloring Book (Coloring Is Fun)



Synopsis

Enter a world of creative self-expression with this relaxing coloring book for grownups. Inside you will find 30 amazing art activities that will take you to a happy place of patterning, shading, and coloring. These whimsical images offer a easy way to de-stress and unleash your inner artist. Thaneeya McArdle's transcendental art explores a visual language of shape, form, line, and color. Each vibrantly detailed illustration is designed to exercise your creativity. Beautifully colored finished examples are provided, along with a handy guide to basic art techniques, from patterning and combinations to shading and color theory. This therapeutic coloring book is perfect for decorating with markers, colored pencils, gel pens, or watercolors. Printed on high-quality, extra-thick paper that will not bleed through, all of the pages are pre-perforated for easy removal and display.

Book Information

Age Range: 10 and up

Series: Coloring Is Fun (Book 13)

Paperback: 80 pages

Language: English

ISBN-10: 1574219952

ISBN-13: 978-1574219951

Product Dimensions: 8.4 x 0.5 x 10.7 inches

Shipping Weight: 7 ounces (View shipping rates and policies)

Average Customer Review: 4.8 out of 5 stars 1,211 customer reviews

Best Sellers Rank: #5,931 in Books (See Top 100 in Books) #13 in Books > Self-Help > Art Therapy & Relaxation #61 in Books > Arts & Photography > Drawing > Coloring Books for Grown-Ups #87 in Books > Crafts, Hobbies & Home > Crafts & Hobbies

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Experience your own personal art lesson with oodles of tips and techniques on how to decorate

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[Patterning](#)

[Techniques](#) Doodling and patterning are wonderful ways to embellish your images to make them unique to you and really stand out! You can add doodles to a design before coloring or after. Adding doodles after coloring works best on designs colored with markers. [Shading](#) Doodling and patterning are wonderful ways to embellish your images to make them unique to you and really

stand out! You can add doodles to a design before coloring or after. Adding doodles after coloring works best on designs colored with markers. **Blending** Blending allows you to make smooth transitions between different tints and shades of a color when shading, and even between two different colors when creating gradients. Here are some simple techniques to produce flawless blends. **Color Theory and Combinations** Do you ever ask, "What colors should I use?" The fun thing about coloring is that there is no such thing as right or wrong. You can use whatever colors, wherever you want! Coloring offers freedom to explore a whole world of possibilities. If you're looking for a little guidance, it is helpful to understand some basic color theory.

32 whimsical owls of all shapes and sizes for you to fill with color! [View larger](#) [View larger](#) [View larger](#) [View larger](#) [View larger](#) **Super easy coloring starter guides** There are many different ways to color try using some of the suggested color combinations. **Full-sized colored examples** With many ways to combine colors that sometimes it can be overwhelming to think of the possibilities. **Bring your own passion for color** There are endless ways for you to express your creativity! **Be inspired with positive quotes** In coloring, as in life, it's all about positivity!

About Thaneeya I was born in the summer of 1979, and six weeks later experienced my first intercontinental plane ride. I've been hooked on travel ever since. I learned to walk in Saudi Arabia, stayed with a tribal village family in India, visited a civil war refugee camp in Sri Lanka, had my palm read in Nepal, floated on a bamboo raft down a Thai river, picked wild berries in rural Wales, co-founded a Buddhist-inspired eco-retreat center in the south of France, and got married under a basswood tree in Australia. And that's just part of it! The world offers us an amazing variety of experiences - cultures to explore, places to see, differences to appreciate. Art is my way of assimilating and interpreting the world around me. Through art, I process my external experiences, reflect on my inner experiences and merge the two together in a visual union that I share with the world. I truly hope that through my art you will be inspired to create your own art, and/or be encouraged you to share your unique vision with the world in some other creative way!

Get Your Coloring Groove On Welcome to the Good Vibes Coloring Book! I'd like to invite you to come inside and play with doodles, shapes, and patterns. Coloring and patterning are relaxing, meditative activities that encourage self-expression, sending you on a creative adventure. I hope

that you'll use each of these pages as a launching pad to spark your creativity and unleash your inner artist. Inside you'll find 30 whimsical art activities that are sure to send good vibes your way. Optimism is contagious, and focusing on these cheerful images is a great way to generate good feelings and radiate positive energy. I've provided you with coloring suggestions, but there is no right way or wrong way to color these groovy visions. Each illustration is perfect for decorating with markers, colored pencils, gel pens, watercolors, or crayons. Good Vibes Coloring Book is printed on high-quality, extra-thick paper to eliminate bleed-through, and each page is pre-perforated for easy removal and display. Happy art making! Thaneeya

Professional artist Thaneeya McArdle is the creator of 30 bestselling coloring books from Fox Chapel Publishing. Based in Florida, she works in painting, drawing, and mixed media, with a special focus on vibrantly detailed whimsical art. Thaneeya (pronounced "tuh-nee-yuh") operates Art-Is-Fun.com, an art instruction website that has received over 32 million pageviews and counting. You can view every coloring page from Thaneeya's coloring books on her website, Thaneeya.com, where you can see slideshows of every book.

This book includes 30 full paged illustrations to color, each illustration is a message in itself that will brighten your day and lighten your spirit, each message is surrounded and/or adorned with flowing artistic patterns of whimsical art made up of flowers, stars, hearts, geometric shapes, birds, butterflies, all artistically combined into canvasses just waiting for you to add color. But that is not all; on the back of each illustration is another uplifting and soul stirring quote to help fortify you throughout the day. Eight fully colored example pages have been included to inspire your creativity, and 5 coloring tip pages, including a color wheel, have been added to kick start your imagination. This is a marvelous, inspirational and uplifting book that has so much to offer, it is a must have for all colorists, coloring libraries and would make a wonderful uplifting gift to someone special. My school aged grandchildren also color and send pages from this book, instead of cards to relatives.

1. 30 full page Illustrations to color, printed one per page, on good quality medium weight , bright white paper
2. Each page is perforated for easy removal
3. On the back of each page is a poignant, inspirational, and uplifting quote, some well known and others not so well known. You will find quotes from unknown authors and also uplifting quotes from Confucius, Walt Disney, and many more. Each will brighten up your day. a. This one caught my attention: (Let your smile change the world, but don't let the world change your smile)
4. All Markers and Gel Pens I tested bled through the paper, I just place a piece of paper under the page I am coloring.
5. 8 fully colored

illustrations have been added to inspire you.6. 5 Instructional pages have been added at the beginning of the book. These include Color Theory with a color wheel, Coloring Techniques, Pattern techniques, and ideas for personalizing your art by adding more details and different embellishments.7. Every illustration has a message included within itself, in this book you will find:a. Happy to be Meb. Today is the best day everc. Enjoy this momentd. Let your dreams guide your way. Go with the flowf. Open your wings and flyg. Start where you areh. Spread good vibesi. Look withinj. Be the Awesome you wish to see in the world.k. Create your own Realityl. Begin nowm. Think happy thoughtsn. LetÃçÂ Â™s danceo. Keep your eyes open a world of wonder is all around youp. Onwards & upwardsq. Live deeplyr. Let your inner light shines. We are made of star stufft. Giveu. Anything is possiblev. Celebrate yourselfw. ItÃçÂ Â™s all goodx. Be true to yourselfy. Smilez. Dream out loudaa. Imaginebb. Hello lovecc. Bloom where you are planteddd. Have fun

Great designs, love the messages. The paper is not too thin but not thick enough for some markers. Great for colored pencils & gel pens. Sharpie pens are good to, Bic flare markers can bleed through and sharpie extra fine definitely do.

Really cute coloring book. Lovely designs and wording. I love that there are no designs on each page because i hate choosing what design I like better in case I'm coloring with markers.... I also like that there are "how to" pages ..which makes it a lovely gift for beginners also

I love this coloring book. It seems to have something for everyone. Some pages are really quick and some take some time and thought. Highly recommended!

Excellent coloring book!!! Ã Â Â Â ÃçÂ•Ã•Ã Â_Â•Ã Â Â Â Ã Â Â'Â

Thaneeya is one of my favorite coloring book artists. Her drawings are fun, cheerful, and have just the right amount of detail to keep me happily occupied (and de-stressing) but not overwhelmed by the huge amount of tiny spaces to color. :) I have been looking forward to this new book after seeing some previews from it on Facebook. Nice combination of upbeat and motivational phrases to color and abstract image pages. The pages are perforated and the pictures are not double sided - one side is a picture and one side is a fun quote. I'm a quote junkie, but was pleasantly surprised to discover some new great quotes in this book - they run the range from classics to lines from pop songs, I enjoyed the variety! The paper is thick but not super thick. I copy the pictures onto white

cardstock so my kids and I can color them in with fine tip markers and they hold up well. If you just used colored pencils, as another reviewer noted, I am sure you would be fine with using the papers in the book. We're loving this new book!

Definitely pleased with my purchase! This Adult Colouring Books was 1 of my first online purchases of this type. I am happy I took a chance on the pictures being a nice size. If you aren't sure what colours to use, they even give you colour scheme examples for inspiration. I have 2 DesignOriginals ACB and I am planning on purchasing more. Their designs are challenging but not to the extreme that they look over busy. I have been framing each one I have completed so far. (6)

Good vibes for sure! This book is nothing short of adorable. If you can't find something to make you smile in here, well you're out of luck! This book is thirty pages of pure enjoyment! I color for anxiety and stress and it helps so very much. This is full of nothing but positive vibes and uplifting quotes. There are so much more to color than just quotes too! Hearts, butterflies, flowers, stars. They all just make your work of art pop a little more. The pages are nice and thick and on the back you'll find these great uplifting quotes and that's one of my favorite things about this brand. You really can't go wrong. The pages can be easily torn out which is also a plus for me. I dread having to pull at pages that just won't come out so by adding that little dotted line they're just making your life a little easier. There are eight pages in the beginning of the book that have been fully colored and you'll find the same pages in the book. I guess it's to help you figure out what direction you're going in. There are five pages enhanced with coloring tips. So if you're new at this don't worry you'll feel like a pei in no time! This book is a ten in my book and I would recommend it to everyone. I even ordered one for my bestfriend And had it sent to her house and she I statly loved it. I recommend buying this. Sitting down relaxing and enjoying!

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